

HIGHLANDS

Happenings

CONTACT INFORMATION

Main Office

Mon - Fri 10 am - 4 pm Phone: (262) 235-5446
N78W17445 Wildwood Dr. #408
Menomonee Falls, WI

COMMUNITY DIRECTOR

OPEN POSITION

Wildwood@ardenpropertygroup.com

RESIDENT SERVICES OFFICE

Ramona Perales - Asst. Community Manager
Delores Tessmer & Renee Littel - Admin Assts.
Wildwood@ardenpropertygroup.com

LEASING

Mon - Fri 10 am - 5 pm
Phone: (262) 235-5446

LEASING SPECIALIST

Mary Beth Richardson

MAINTENANCE

Mon - Fri 8 am - 4:30 pm
Phone: (262) 235-5446
Evenings & Weekends (AnSer)
EMERGENCIES ONLY (800) 263-6148

MAINTENANCE TEAM

Kevin Tesch, Perry Bartkiewicz & Curt Hanaman

HOUSEKEEPING TEAM

JoAnn Gordon

UPCOMING SPOTLIGHT EVENTS



Back to School Bag Lunch Social TUESDAY, SEPTEMBER 8TH, AT 12 PM BUILDING 4 COMMUNITY ROOM

The kids are headed back to school and so are we with a Bag Lunch Social! Come and enjoy a pb & j (with the crusts cut off), chips, applesauce, cookie and a juice box!



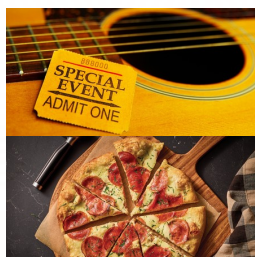
Jukebox Bingo THURSDAY, SEPTEMBER 10TH, AT 2 PM BUILDING 4 COMMUNITY ROOM

Combining Music & Bingo is always a good time! Come and enjoy some light refreshments while we listen to some tunes and fill our cards!



Craft: Trio of Ghosts TUESDAY, SEPTEMBER 15TH, AT 2 PM BUILDING 4 COMMUNITY ROOM

Don't let these little ghosts spook you! Halloween is right around the corner and crafting this decoration is a perfect way to start the season!



Concert & Food Truck WEDNESDAY, SEPTEMBER 16TH, AT 4 PM OUTSIDE PATIO & PARKING LOT OF BLDG 4

Enjoy an evening of music and pizza while you are entertained by Dean Richard & Streetza Pizza Food Truck! Bring your chair to relax on the patio/grass!



End of the Summer Grill Out FRIDAY, SEPTEMBER 25TH, AT 12 PM BUILDING 4 COMMUNITY ROOM & PATIO

Catered by Your Wildwood Highlands Team
Enjoy the last of our summer days together with Hot Dogs, Burgers, Baked Beans, Potato Salad, Dessert & Beverages.



RESIDENT REMINDERS

Yom Kippur Blessings

To all in our community observing Yom Kippur, we wish you a blessed and meaningful holiday.

Heroes and Healing on the 25th Anniversary of 9/11

Sept. 11, 2026, is the 25th anniversary of 9/11. In honor of the thousands of lives lost and changed forever, we pause to remember the many stories of hope, fortitude and survival commemorated by the 9/11 Memorial and Museum, which can be found at 911memorial.org.

Stories of Alzheimer's Disease

In observance of World Alzheimer's Day on Sept. 21, consider reviewing these books and movies to gain perspective and insight into the lives of those impacted by the disease.

"Still Alice." Author Lisa Genova's 2007 bestseller was made into a critically acclaimed movie in 2014. Julianne Moore won the best actress Oscar for her role as Alice Howland, a professor with early-onset Alzheimer's disease.

"We Are Not Ourselves." The New Yorker magazine called this novel by Matthew Thomas "the greatest Alzheimer's novel yet." Published in 2014, "We Are Not Ourselves" paints an intimate portrait of the Leary family's struggles as their beloved patriarch develops Alzheimer's.

Check Your Cholesterol

September is National Cholesterol Education Month. Adults over the age of 20 should have their levels tested every four to six years. Assess your knowledge on this subject:

1. What year was the first statin, a cholesterol-lowering medicine, approved in the U.S.?
2. True or False: Eating healthy, fiber-rich foods can lower cholesterol.
3. High cholesterol is connected to what leading cause of death?

(Answers: 1. 1987; 2. True; 3. Heart disease)

ONSITE & LOCAL SERVICES

Free WIFI

Bring your laptop or iPad to the Fireside Room, Bldg 4 and tap into the Wildwood Highlands FREE WIFI. If you have any questions, please contact the Resident Services Office at 262-251-3584.

Pest Control Schedule

A pest control company visits WH the 1st week of every month. If you have a pest control need, please call the Resident Services Office so your unit can be added to the list.

David Keddie - Healthmarkets

10:15 am Every 2nd Wednesday Fireside Room
MEDICARE OPTIONS AND COVERAGE (262) 242-1498
Choosing the right Medicare coverage can be confusing. David Keddie can help you find the Medicare plan that's right for you and your budget. David is a Licensed Insurance Agent with Healthmarkets.

Hearing With Care

Margie Roman is a Wisconsin Licensed Hearing Instrument Specialist. Margie can test and dispense for hearing loss. Many hearing aids services are free of charge. Call (414) 315-3149 to schedule an individual appointment in your unit.

Spectrum Cable

FREE CABLE/INTERNET PACKAGE

CUSTOMER SERVICE (855) 326-5115 - You MUST let them know you are calling about BULK ACCOUNT SERVICES when you call.

We Energies

CUSTOMER SERVICE (800) 242-9137
POWER OUTAGE (800) 662-4797

Senior Center

LORI OERTEL, OLDER ADULT & VOLUNTEER SUPPORT

Phone: (262) 255-8469 Email: oertlor@sdmfschools.org
For Blood Pressure Testing, Hearing Checks, Toenail Trimmers and More!

WHAT'S COOKING

Caramel Crumble Bars

Ingredients:

- 1 box yellow cake mix
- 1/2 cup plus 2 tablespoons butter, softened
- 3/4 cup apple butter, plus 3 tablespoons
- 1 egg
- 1 package (11 ounces) soft caramels, unwrapped
- 2/3 cup walnuts, chopped
- 2/3 cup sweetened coconut flakes
- 2 tablespoons butter, melted

Directions:

Heat oven to 350° F. Grease 13-by-9-inch baking pan. With electric mixer on low, beat cake mix and 1/2 cup softened butter until mixture is crumbly. Spoon 1 cup of the mixture into medium bowl; set aside. Add 3/4 cup apple butter and egg to remaining mixture. Beat on medium until smooth and creamy. Spread evenly into pan. Bake 20 minutes. Place caramels, 2 tablespoons softened butter and remaining 3 tablespoons apple butter in microwave-safe bowl. Microwave in 30-second intervals, stirring every time, until smooth and melted. Pour evenly over baked crust.

Combine walnuts, coconut and 2 tablespoons melted butter with reserved cake mix. Mix until crumbly. Sprinkle over caramel in pan. Bake 16 to 18 minutes, until topping starts to brown. Let cool; cut into bars.

Find more recipes at Musselmans.com.



Ice Cream Additions

Long summer days provide plenty of chances to enjoy the season's classic refreshing treat, ice cream. When it comes to adding a final flourish to a dish or cone, about half of Americans favor hot fudge, according to poll results. Nuts, whipped cream, chocolate syrup, caramel sauce and fruit also ranked high. Give one a try!

SEPTEMBER IN WI: A SEASON OF CHANGE AND CELEBRATION

September brings many of Wisconsin's favorite traditions as summer transitions into fall. Cooler temperatures, colorful foliage, apple harvests, and community festivals make this a special time of year. Orchards welcome visitors, pumpkin patches prepare for the season, and early fall colors begin appearing across the state.

Local communities celebrate with farmers markets, craft fairs, Oktoberfest events, and harvest festivals. Whether you enjoy visiting an apple orchard, taking a scenic drive, or sipping warm apple cider, September offers countless ways to enjoy the season.

The month also includes several important observances. Labor Day honors the contributions of American workers and marks the unofficial end of summer. Beginning September 15, Hispanic Heritage Month celebrates the histories, cultures, and contributions of Hispanic and Latino Americans through October 15.

Patriot Day on September 11 honors those who lost their lives and the heroes who responded during the events of September 11, 2001. Constitution Day and Citizenship Day on September 17 commemorate the signing of the

U.S. Constitution and recognize the rights and responsibilities of citizenship.

September is also National Suicide Prevention Month, reminding us to prioritize mental and emotional well-being, support one another, and encourage open conversations about mental health.

As autumn officially begins, September invites us to slow down and enjoy the season's simple pleasures. From local festivals and community gatherings to Wisconsin's natural beauty, it is a wonderful time to connect, reflect, and celebrate. Wishing everyone a happy, healthy, and colorful September!



PAST ACTIVITIES & RECREATIONAL EVENTS



JUST FOR FUN

September by the Numbers

3. Minimum servings of whole grains recommended daily. September is Whole Grains Month.
70 million. Approximate number of grandparents in the U.S. Celebrate Grandparents Day on the first Sunday after Labor Day.
39. Number of Founding Fathers who signed the U.S. Constitution on Sept. 17, 1787.

Brainteaser

Q. Where do you find roads without vehicles, forests without trees, and cities without houses?
A. On a map.

CONGRATULATIONS

Who Won \$150?

Our lease renewal drawing winner is Geraldine G.!

